



MWR

COFFEE



Handmade Drinks

Hot • Iced • Blended

Flavors

	16 oz	20 oz
Coffee	\$2.75	\$3.00
Iced Coffee	\$2.75	
Americano	\$3.25	\$4.25
Latte/Cappuccino	\$4.25	\$4.75
Chai Latte	\$4.75	\$5.25
Dark Mocha	\$4.75	\$5.25
White Mocha	\$5.25	\$5.75
Caramel Macchiato	\$5.25	\$5.75
Hot Chocolate	\$3.50	\$4.00
Brewed Tea	\$2.50	\$2.75
<i>Green or Black</i>		

Syrups	\$0.50	Sauces	\$1.00
Vanilla		Mocha	
Hazelnut		White Mocha	
Caramel			
Sugar Free Vanilla			
Sugar Free Hazelnut			
Sugar Free Caramel			

Seasonal Flavors Upon Request

Alternative Milk \$0.50

	Single	Double
Espresso Shot	\$1.50	\$2.50

Bottled Drinks

Soda	\$2.50
Juice	\$2.75
Gatorade	\$2.50
Water	\$2.00
Energy Drink	\$4.00
Naked Juice	\$4.00

Bakery and Snacks

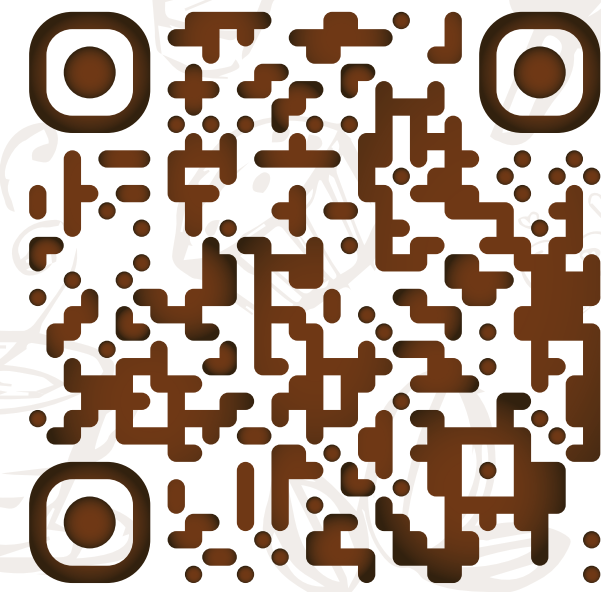
Brownies	\$3.00
Cookies	\$3.00
Candy	\$2.50
Chips	\$2.00
Protein Bars	\$2.50
Hummus Cup	\$4.50
Guacamole Cup	\$4.50

Mixed Nuts	\$3.25
Trail Mix	\$3.25
Rice Thins	\$2.50
Donuts	\$1.50
Almonds	\$3.25
Chocolate Chip Biscuit	\$2.25



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Breakfast

Sandwiches and Meals

Breakfast Sandwich	\$8.00
<i>Choice of Bagel or Ciabatta Roll, Bacon or Sausage, Egg, and Cheddar Cheese</i>	
Veggie Breakfast Burrito	\$5.50
<i>Egg, Cheese, Bell Peppers, and Onions</i>	
Bacon or Sausage Breakfast Burrito	\$7.00
<i>Egg, Cheese, Bell Peppers, choice of meat</i>	
Belgian Waffle Sandwich	\$9.00
<i>Choice of one meat</i>	
Jimmy Dean Sausage Croissant	\$4.75
<i>Sausage, Egg, and Cheese</i>	
Jimmy Dean Pancake Sandwich	\$4.50
<i>Maple Pancakes with Sausage, Egg, and Cheese</i>	
Jimmy Dean Egg White Scramble	\$4.50
<i>Turkey Sausage, Egg White, and Cheese</i>	

À La Carte

Toast Sticks	\$4.50
Waffle	\$3.00
Pound Cake	\$3.00
Strudel	\$3.00
Muffins	\$3.00
Hard Boild Egg	\$2.00
Fruit Parfait	\$4.00
<i>Vanilla Yogurt with Strawberry or Blueberry, and a side of Granola</i>	

Lunch

Sandwiches

BLT	\$7.50
<i>Bacon, Lettuce, and Tomato</i>	
<i>choice of Whole Grain, White, or Gluten Free Bread</i>	
Club	\$8.50
<i>Lettuce, Cheddar Cheese, Bacon, Ham, Turkey, Tomato</i>	
<i>choice of Whole Grain, White, or Gluten Free Bread</i>	
Build Your Own Sandwich	\$8.50
<i>Includes choice of bread, 1 protein, 1 cheese, 3 veggies</i>	
Bread <i>select 1</i>	Protein <i>select 1</i>
Italian	Grilled Chicken
Whole Grain	Ham
Gluten Free	Turkey
Ciabatta Roll	Bacon
	Sausage Patty
	Egg
Cheese <i>select 1</i>	Veggie <i>select 3</i>
Cheddar	Lettuce
Pepper Jack	Tomato
	Cucumber
	Bell Pepper
	Onion
	Carmelized Onion

Pizza

Tuesday – Friday while supplies last

Cheese	\$5.00
Pepperoni	\$5.50
Sausage	\$5.50

Grab & Go Wraps

Ham and Cheddar Wrap	\$8.50
Turkey and Pepperjack Wrap	\$8.50
Club Wrap	\$8.50

Specials

Chicken Quesadilla	\$9.00
<i>Grilled Chicken, Jalapeños, Carmalized Onions, Red Peppers, and Colby Jack Cheese on a Flour Tortilla</i>	
Walking Taco	\$4.50
<i>Choice of Tortilla or Frito Chips, Chili, and Nacho Cheese</i>	
Soup and Salad Combo	\$10.50
<i>Monday: Chili Tuesday: Chicken Noodle Thursday: Cheddar Broccoli</i>	

Salads

House Salad	\$10.00
<i>Lettuce, Tomato, Cucumber, and Cheese</i>	
Chef Salad	\$12.00
<i>Lettuce, Tomato, Cucumber, Cheese, Ham, Turkey, Bacon, and Hard Boild Egg</i>	
Chicken Salad	\$12.00
<i>Lettuce, Tomato, Cucumber, Cheese, and Chicken</i>	