

Registration Starts:

Tuesday, 7 MAY 19

@ 8:30am

CYS Online &

All CYS Facilities

For ALL Students!



2019 SUMMER DANCE ACADEMY

VENDOR: Erika's Dance Academy

As of 16 APR 19

LOCATION: Tolson Youth Activities Center Dance Studio

FEE: \$22/Student **FEE: \$29/Student** **FEE: \$32/Student**
2 x 60 min (2-3 yrs) **2 x 90 min (4-5 yrs)** **2 x 120 min (6+ yrs)**

CYS Registration is Still FREE!

PAYMENT IS DUE IN ADVANCE OF EACH SESSION

CLASSES MAY SELL OUT BEFORE THE FIRST DAY OF THE ACADEMY.

CLASSES MAY BE CANCELLED IF MINIMUM PARTICIPATION LEVELS ARE NOT MET BY THE WEDNESDAY BEFORE CAMP.
PLEASE ENROLL IN ADVANCE FOR ALL INTERESTED SESSIONS.

SESSION 1: JUN 17 & 18 M/T

SESSION 2: JUN 19 & 20 W/TH

SESSION 3: JUN 24 & 25 M/T

SESSION 4: JUL 8 & 9 M/T

SESSION 5: JUL 10 & 11 W/TH

SESSION 6: JUL 15 & 16 M/T

SESSION 7: JUL 22 & 23 M/T

SESSION 8: JUL 24 & 25 W/TH

SESSION 9: JUL 29 & 30 M/T

SESSION 10: JUL 31 & AUG 1 W/TH

9-10a Fairy Tale Tea Party (2-3)

9-10a Dance Disney (2-3) B/T/J*

9-10a Groove at the Zoo (2-3) CM/ Ballet**

10:30a-12p Princess in Training (3-5)

10:30a-12p Camp Disney (3-5) B/T/J*

10:30a-12p Rockin' Rain Forrest (3-5) J/T%

12:30-2:30p Princess Ballerina Camp (6+)

12:30-2:30p Camp Disney (6+) B/T/J*

12:30-2:30p Round the World in 2 Days (6+)

2:45-4:45p Prog. Ballet Tech. Intens. (8+)

2:45-4:45p Twirling Trolls (6+) Jazz Funk

2:45-4:45p Int/Adv Ballet Technique

(Int/Adv dancers only)

***B/T/J = Ballet/Tap/Jazz**

Conditioning Class (8+)

***J/T = Jazz/Tap**

SESSIONS 1, 4, 7 & 10:

9-10a Fairy Tale Tea Party (ages 2-3)

Calling all Fairy Dancers! Come and join our Summer Ballet Tea Party. Dancers will have a blast learning Fairy Ballet, story time, fairy crafts & ending with their very own Fairy Tale Tea Party!

10:30a-12p Princess in Training (ages 3-5)

Put on your favorite Prince or Princess attire and join us at the Ballet Castle! Dancers will enjoy learning ballet to their favorite princess songs, princess craft time, and finishing with a Prince & Princess Performance!

12:30-2:30p Princess Ballerina Camp (ages 6+)

The Royal Ballet Ball is on the agenda for all the princesses of the land. Dress up in your ball gowns and head on over to the palace for stories from some of your favorite fairytales, ballet dancing, tutu and tiara making and more!

2:45-4:45p Progressing Ballet Technique Summer Intensive (ages 8+) Int/Adv dancers only

Progressing Ballet Technique is an innovative program developed by Marie Walton-Mahon for students to understand the depth of training muscle memory in achieving their personal best in Classical Ballet. In PBT students improve their understanding of core stability, weight placement and correct body alignment. The use of the fit ball helps to target different muscle groups, as the ball is continuously mobile under the student's body, it gives the students a sense of posture and weight placement whilst feeling each correct muscle group. (Students require an exercise fit ball & stretch band)

SESSIONS 2, 5, 8:

9-10a Dance Disney (ages 2-3) Ballet/Tap/Jazz

Calling all boys and girls! Mickey and Minnie are in town and waiting for all their Disney Dancers to come and join their dance party. Students will enjoy their Disney Dance party learning Ballet, Jazz, and Tap to fun Disney Music, explore their imagination with Disney story time and more!

10:30a-12p Camp Disney (ages 3-5) Ballet/Tap/Jazz

Take a Disney adventure with us. Lets use our imagination and dance our way to Moana's Island, Zootopia, Finding Dory, and take a speedy trip into the life of Cars! Theme related crafts each day, along with fun dance games and so much more!!

12:30-2:30p Camp Disney (ages 6+) Ballet/Tap/Jazz

Take a Disney adventure with us. Let's use our imagination and dance our way to Moana's Island, Zootopia, Finding Dory, and take a speedy trip into the life of Cars! Theme related crafts each day, along with fun dance games and so much more!!

2:45-4:45p Twirling Trolls (ages 6+) Jazz Funk

Ready, set, TROLL!! Dance to Justin Timberlake's hit song "Can't Stop the Feeling" while planning an escape from the Bergens. Learn funky combos to the troll song Hair Up & other Funky Fun Songs along with fun troll crafts too!!

SESSIONS 3, 6, 9:

9-10a Groove at the Zoo (ages 2-3) Creative Movement/Ballet

Little Dancers will chaise & Bourre with all the zoo animals! Students will learn so much playing the zoo animal roll and move game, story time with Giraffes Can't Dance, and fun filled Zoo themed activities.

10:30a-12p Rockin in the Rain Forrest (ages 3-5) Jazz/Tap

These Jazz/Tappers will knock your socks off through themed activities. Dancers will learn jazz/tap techniques through organized lesson plans to music from Walking in the Jungle, the Rainforest Song, and many more!!

12:30-2:30p Round the World in 2 Days Dance Camp (ages 6+) Variety of Styles

Dancers will learn popular dance forms from around the globe. Dancers will learn a different dance form from a different country. We will put together a collection of dances such as Salsa from Spain, Bollywood from India, and Cecchetti Ballet from Italy. Daily crafts will be themed to the day's country of dance.

2:45-4:45p Int/Adv Ballet Technique Conditioning Class (ages 8+)

Int/Adv Dancers will focus on body conditioning for the upcoming dance season. Focus for dancers in this class will be pilates, yoga, ballet core strengthening, & much more. (Pilates machine will be provided, students must bring their own yoga mats

CLOTHING / EQUIPMENT: A. **Ballet:** pink tights & black leotards with pink ballet slippers *without skirts*. Hair for all ballet classes must be in a bun if hair is long enough. B. **Jazz:** any color or style leotards, footed or footless tights with jazz shoes or bare feet (in class only). Hair must be in a ponytail or pulled back out of the face. C. **Tap:** leotard, tights and beige tap shoes. Hair must be in a ponytail or pulled back out of the face. D. **Hip Hop:** leggings or loose fitting pants, t-shirt or tank tops (no bare midriff) - no jeans! E. **Males:** shorts or sweats and black shoes.

REFUND / MAKE-UP POLICY: Requests for refund or transfer to another activity will be honored if made no later than the Wednesday prior to the activity session or for a medical issue and/or PCS move. Receipt, PCS Orders, or Doctor's Statement is required to obtain a refund or transfer. Make-up sessions will be offered only when the session is cancelled by SKIESUnlimited or the instructor for inclement weather or unforeseeable circumstances.

For additional information please contact SKIESUnlimited
Monday-Friday from 9am-6pm at 910-908-0048; 910-643-6039 or 910-90-S7K5I4E3S7
or visit us online at <https://bragg.armymwr.com/programs/skies-unlimited>