

Your Children Hear You... *Help Them Listen!*

CORRECT QUIETLY



PRAISE LOUDLY

Do it frequently - It makes a difference!

*New Parent Support Program home visits are available now
to help build your confidence in parenting.*



(910) 396-5521
New Parent Support Program

Bragg.ArmyMWR.com/Programs/NPSP

Get Your Child to Listen

(It's not as hard as you might think!)

GOOD BEHAVIOR

When we observe our children behaving the way we want them to (being kind, playing nicely, sharing their things, etc.) we often don't say anything because we don't want to interrupt the moment.

PRAISE LOUDLY

*This is actually a great opportunity to stop and offer praise for what they are doing. It lets them know they are doing well. Bringing attention to what they are doing right helps reinforce those behaviors. **Praise loudly** and make it fun to help celebrate their success!*

CORRECT QUIETLY

*When your child is in need of correction, take the time to interrupt and show them with your displeased (but not harsh) face, that this behavior is not acceptable. Make good eye contact and use a low, non-threatening voice when you speak. **Correct quietly** and redirect your child to the behavior you would prefer to see instead. This will help them make a better choice now and in the future.*

NEGATIVE BEHAVIOR

When our children behave in ways we don't like (being rough, fighting, arguing, making messes, etc.), it's easy to become upset or irritated. In these moments, we are often quick to jump in to stop the negative behavior, sometimes with scolding and yelling.