

## IMCOM-HQ CYS SERVICES VOLUNTEER SPORTS AND FITNESS COACH JOB

### DESCRIPTION- Page 1



- Organization:** IMCOM-HQ, Child, Youth and School (CYS) Services Sports and Fitness (SF)
- Position Title:** CYS Services Sports and Fitness Volunteer Coach
- Summary:** *A good coach improves your game. A great coach improves your life. – Michael Josephson*
- Duties:** Teach proper skills, fundamental of rules, strategies, and procedures needed to participate in a specified sport in accordance with the CYS Services requirements. Be present at schedule practices and games at least fifteen minutes before scheduled starting time. Inform CYS Services SF staff members regarding changes, concerns, and issues. Keep players and parents informed about all practice and/or game times and any changes. Maintain a focus on sports skill development, recreation, maximum participation of players, and leisure activities. Maintain CYS Services property, role model appropriate behavior (e.g., Army Values, CYS Services Statement of Understanding) and abide by the CYS Services SF philosophy.
- Time Required:** Practices are generally held during the period  
Monday- Friday 1700-2000  
Note: Practices must be conducted IAW CYS Services guidance  
Games are generally held Saturday: 0800-1700  
Note: Average- one game per week; times vary.
- Benefits:** Program is to promote positive attitudes and reinforce CYS Services SF Philosophy and Army core values to offer children and youth opportunities to feel competent and instill values associated with the pursuit of skills in sports, fitness, nutrition, and recreational activities.

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- Training:** National Youth Sports Coaches Association (NYSCA)  
Child Abuse Reporting, Prevention, Identification and Recognition  
Developmentally Appropriate Practices  
First Aid/ CPR Orientation  
Concussion Training
- Orientation:** CYS Services Sports and Fitness Certification Clinic  
Parents Association for Youth Sports (PAYS) Orientation  
Parent Meeting specific to sport meeting being coached
- Qualifications:** Background/clearance check IAW CYS Services guidance
- Supervisor:** CYS Services Sports and Fitness Director
- Assessment:** CYS Services SF Volunteer Coaches will receive feedback through the CYS Services SF Director.  
Must be available approximately 4-8 hours per week

**CYS Services SF Supervisor Signature:**

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CYS Services, Sports and Fitness Director

**Coach/Volunteer Signature:**

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CYS Services Sports and Fitness Volunteer

**Contact Information:** (FILL IN LOCAL INFORMATION HERE: NAME, EMAIL, DSN and CIV PHONE)

*CYS Services Sports and Fitness- Bringing out the best in youth*