## Weekend and Evening Classes (July - December 2021)







You asked and we listened! We are offering some *Evening* and *Weekend* classes to help fit the needs of your ever-changing schedules and demands. We will offer these classes through December and if they do well, we will continue into the new year.

# Anger Management Evenings 6pm - 9pm

July 15 October 21 August 19 November 18

September 16 December 16

#### <u>Stress</u>

**Management** 

Evenings 6pm - 8pm

· July 8 · October 14

· August 12 · November 9

September 9 December 9

### **Couples**

#### **Communication**

Weekends 9am - 3pm

July 31 October 23

August 28 November 20

September 25 December 18

To register, scan this QR code or visit FortBraggACSFAP.TimeTap.com
Classes will be held in the Soldier and Family Readiness Group Center on Pope Field



