

Classes Offered

Commander and Rear Detachment FRG Training

Learn how to create and maintain an effective Family Readiness Group (FRG) in compliance with Army standards.

FRG Essentials

This class will serve as an introduction into the FRG. Students will review the FRG mission, AR 608-1, Appendix J, how to communicate with Families, and determine how leaders can advocate mission readiness.

Key Caller Training

Designed to prepare volunteers for key caller duties, how to communicate with Families, assist the Command, and fit into a successful FRG

FRG Treasurer Training

Designed for FRG Leaders, Treasurers, Fund-raising Coordinators, Command representatives, and any member who manages the FRG funds.

FRG Power Course

Pack a bag lunch and join us for this powerful FRG training course covering all three major FRG trainings.

Care Team Training

This class will prepare you for working on a small team that is activated to support Next of Kin (NOK) for a short period of time after a trauma or crisis. Care Team members fill the gap between the notification team and the arrival of the Family's support.



Army Community Service Programs

- ★ Army Community Service (ACS)
910-396-8682/8683
- ★ Relocation Readiness and Info & Referral
910-907-3327
- ★ Exceptional Family Member Program
910-396-2749
- ★ Installation Volunteer Services
910-396-8160
- ★ Army Family Team Building/Master Resiliency Training
910-907-3393
- ★ Multicultural Readiness Program
910-396-6120/8683
- ★ Financial Readiness Program & Army Emergency Relief
910-396-2507/4691
- ★ Employment Readiness Program
910-396-2390/1425
- ★ Family Advocacy Program
910-396-5521/4175
- ★ New Parent Support Program
910-396-7951
- ★ Victim Advocate Hotline
910-322-3418
- ★ Survivor Outreach Services
910-396-0384
- ★ Solder & Family Assistance Center
910-643-6650
- ★ Mobilization & Deployment Readiness Program
910-432-3742

Family Readiness Group Center

Bldg. 236 Interceptor Street
Pope Field, NC 28308
Phone: 910-432-3742



Family Readiness Group Center



Tel: 910-432-3742

Army Community Service



Your Family Readiness Group Center is equipped to assist your FRG! All services are FREE!

- ☆ Computers with internet access
- ☆ Printer
- ☆ Copier (10 pg. limit)
- ☆ Fax Machine
- ☆ Conference rooms with a capacity up to 500
- ☆ Two VTC rooms
- ☆ Kids On Site child care is available—CYSS coordination required.



Military Family Life Counselors

To speak directly to a MFLC, call one of the following numbers:

910-391-9171	910-489-5528
910-489-8020	910-610-3246
910-308-1363	910-308-5950
910-308-5485	910-308-6630

Embedded

Military Family Life Counselors

1st BCT	910-709-4096
2nd BCT	910-709-4092
3rd BCT	910-709-4097
4th BCT	910-709-4093
82nd CAB	910-709-4098
82nd Sus. BDE	910-709-4101
16th MP BDE	910-709-4094
18th Fires BDE	910-709-4103
20th Eng BDE	910-709-4100
44th Medical BDE	910-709-4091

What We Provide:



ACS Overview
Information Tables
FRG Training
FRG Overview
Commander & Rear Detachment FRG Training
Pre-Deployment for Families
Coping with Deployment
Deployment Bingo
Deployment Safety
Mission Possible “Deployment Resilience”
Reunion for Families
Reintegration for Soldiers

