



WARRIOR ADVENTURE QUEST



Warrior Adventure Quest (WAQ) is a DA approved and endorsed program under Executive Orders for all units. WAQ is designed to re-create the adrenaline rush of combat action in a supervised, controlled, high adventure activity which is supervised by FMWR Outdoor recreation staff.

WAQ instills cohesion, builds teamwork and maintains combat readiness through high-adventure activities. This program enables soldiers to reach a “new stage of normal” by diminishing boredom and high-risk behavior, through outdoor recreation and an L-LAAD Debriefing. Soldiers will be able to draw similarities between the adventure activity and their Warrior experiences.

WAQ is offered at no cost to the units. Funding has been provided by the Department of the Army. All units are now eligible for participation. Non-deploying units can attend once every two years. Units who are 120 days prior to deployment or 120 days after deployment can attend during that time frame.

All WAQ activities will take place Monday-Friday during regular duty hours.

Warrior Adventure Quest is a Leader and Soldier Program designed to support RESET. The objective of WAQ is to create a sustainable, enduring program that Army leaders recognize as a viable means to assist Soldier re-integration, maintain combat readiness and increase unit cohesion. Each activity will be followed by a Leader – Led After Action Debriefing (L-LAAD). This is designed to draw similarities between the high adventure activity and their Warrior experiences. This portion will be conducted by unit leadership (Team Leader, NCOIC, Commander, etc.) The designated facilitator will follow the provided guideline on how to properly conduct an L-LAAD.

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Instructions for Unit Participation in Warrior Adventure Quest

1. Unit Designated Training Coordinators will contact the Fort Bragg Warrior Adventure Quest POC to schedule their units for activities. A calendar of activities and potential dates for units to select from will be provided. A real time calendar can also be found on the webpage. Activities are provided at a first come first-served basis with priority given to deployed units.

- **Execution:** Target train/ready units within 120 days of deployment, 120 days of redeployment, and units with no impending deployment (limited to 1x participation every 2 years)
- **Group Size:** Team, Platoon or Company Level (20 – 50)
- **Activity Duration:** Duration will vary depending on which activity is chosen. All activities will be held Monday thru Friday during regular duty hours.
- **Activities Include:**

Paintball (Clay Target Center) – Full Day/ Half Day (Wed-Fri)

Alpine Tower: Challenge and Team Development Course – Full Day/ Half Day (Wed-Fri)

Indoor Rock Climbing (The Climbing Place) – Full Day/ Half Day (Mon – Fri)

Broomball (Cleland Ice Rink) – Half Day (Wed – Fri)

Skeet/Trap (Clay Target Center) – Half Day (Wed -Fri)

Wake Cable Zone (Smith Lake) – Half Day (Wed – Thu)

2. Unit responsibilities

- Coordinate with the WAQ POC to schedule your activity and date.
- Contact and confirm that your unit will have a facilitator present for the Leader-Led After Action Debrief (L-LAAD).
- Conduct Soldier Training prior to attendance: Information on why the Army is providing WAQ
- Each Soldier will also complete a mandatory WAQ post-survey on the day of your scheduled activity. This tracks the soldiers who attend the program and for funding purposes.
- All transportation requirements fall upon the unit. Please consider this when selecting which activity you choose.

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