



Fort Bragg Protection Branch

EMERGENCY MANAGEMENT

30 Apr 20

Hurricane Preparedness



Know your Hurricane Conditions—HURCONs!

HURCON V - General
Hurricane Season

HURCON IV - 96
hours prior to the
forecast arrival of
sustained 58 mph winds

HURCON III - 72
hours prior to the
forecast arrival of
sustained 58 mph winds

HURCON II - 48 hours
prior to the forecast
arrival of 58 mph winds

HURCON I - 24 hours
prior to the forecast
arrival of sustained 58
mph winds

Additional information can be found at:

<https://www.ready.gov>
<https://readync.org>

Download the free mobile
app

Hurricane Watch

- Conditions possible
within 36 hours
- Fill gas tank, ensure
Emergency Kit(s) are
ready

VS

Hurricane Warning

- Conditions expected
within 24 hours
- Secure loose items
- Set freezer to coldest
temperature
- Continue monitoring
weather
- Stay indoors unless
evacuating area

On June 1, the 2020 Atlantic Hurricane season will begin and last until November 30. With the current COVID-19 crisis affecting our lives we need to continue our readiness especially with the rapidly approaching hurricane season. Don't lose focus as it can/will affect you and your family. Case in point, we are still reminded of the damage from 2018 when back to back devastation occurred from hurricanes Florence and Matthew.

Will 2020 be a repeat of 2018 or 2019? Hurricanes impact the NC area an average of two per year.

The National Weather Service has published the predictions for the 2020 Hurricane Season as: 16 named storms, 8 hurricanes and 4 major hurricanes. Even if we are missed, a threat from tropical storms may have a serious impact via heavy rains, flash flooding, strong winds, tornadic activity, and dangerous currents along the shore.

With NC's adverse weather such as tornadoes, hurricanes or tropical storms, you need to ask "Are you ready?" Many of us were not prepared for the prolonged COVID shutdown. This should be a glimpse of what could occur in the event a hurricane cuts off basic need items from this region. Do not become complacent when the COVID situation is over. You cannot prepare for all events but you can do your best by remaining prepared; build/maintain a Shelter/Evac Plan and an Emergency Kit (min 3 to 7 days). Stay informed on current situations as it will give you an edge on what to stock in order to help keep you and your family safe.

Build a Kit/Make a Plan (some useful tips):

Before- Build an emergency kit to include food and bottled water, make a family communications plan, fuel vehicles, place important documents in waterproof containers, take photos of property, obtain cash, plan an evacuation route and location if told to evacuate, bring in all outdoor furniture, decorations, garbage cans and anything else not tied down.

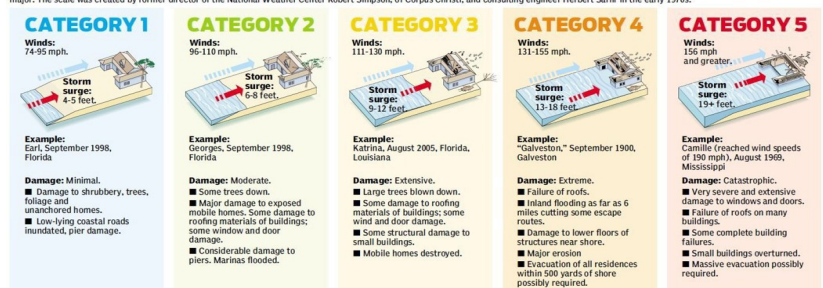
During- Listen to the radio, social media or TV for information. Secure your home, turn off utilities if instructed to do so, turn the refrigerator and freezer thermostats to their coldest setting and keep the doors closed, fill the bathtub and other large containers with water for sanitary purposes, stay indoors and away from windows, evacuate if instructed to do so.

After- Continue to listen to a NOAA Weather Radio or local news for updates, stay alert for flooding, drive only if necessary, avoid flooded roads and washed out bridges, keep away from downed power lines and report them immediately to the power company, walk carefully around the outside of your home and check for sink holes, gas leaks, and structural damage. NEVER use a generator inside homes, garages or similar areas.



SAFFIR-SIMPSON SCALE

The Saffir-Simpson Damage-Potential Scale determines the strength of a hurricane by categories, 1 being the weakest and 5 the strongest. Any hurricane of Category 3 or stronger is considered major. The scale was created by former director of the National Weather Center Robert Simpson, of Corpus Christi, and consulting engineer Herbert Saffir in the early 1970s.



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DISASTER PREPAREDNESS INFORMATION FOR Fort Bragg NC

When a Hurricane, Flood, Tornado or Tropical Storm has the potential to strike the area. Will you and your family be ready?

REMAIN CALM. To ensure your safety, and the safety of your family, take the following steps:

Make sure you and your family are prepared to either shelter in place or evacuate to a safe location.

If possible, stay at home and enact your Family Emergency Plan

Monitor the media. Installation and local officials will tell you if there is a need to evacuate.

***** NOTE ***** *Cell towers may be down. It is suggested to purchase a NOAA radio for information.*

- Secure outdoor objects that might be blown away or uprooted. Garbage cans, garden tools, toys signs, lawn furniture, and other harmless items can act like missiles during hurricane winds. Anchor or store them inside before the storm strikes.
- If possible store a min 3-7 day supply of water (one-two gallon per person per day) in jugs, bottles, and other utensils. Fill the bathtub to use to clean utensils and put water in your toilets tank to flush. Your water supply may become contaminated by floods. Maintain a one-week non-perishable food supply and nonelectric can opener.
- Ensure your car has a full gas tank. NOTE: Never drive through flooded areas or water running across a highway. Water displaces 1,500 pounds of weight for every foot that it rises. For example, if a car weighs 3,000 pounds, it takes only two feet of water to float it.
- Set your freezer and refrigerator to their coldest settings. In the event of a short-term power outage, this will prevent your perishables from spoiling.
- Ensure you have a battery-powered radio and flashlight and the batteries are fresh.
- Monitor the storm by listening to local news, NOAA radio broadcasts, Fort Bragg social networking sites, and by visiting <https://readync.org>.
- Contact someone outside the hurricane strike area and give him or her, your location and contact number/address. Ensure all family members know the phone number of your contact and their location in the event you are separated.
- Check backup generators for fuel and perform an ops check. Check fuel levels, oil, extra fuel (fire hazard) and exhaust. If outside, secure the generator as they become a high stolen item.

Remain indoors away from windows, skylights and glass doors.

If you are told to evacuate, follow the instructions of Installation/State/Local officials:

- Obey the instructions of Emergency Management, police, and fire dept. officials. They will instruct you on sheltering, safe havens or evacuation procedures.
- Pets should be taken to animal shelters/kennels in a safe area ahead of a possible evacuation.
- Pets may not be allowed into personnel shelters for health and safety reasons. If possible, fasten an up-to-date ID tag to your pet's collar. Carry a current photo of your pet for ID.
- Take essential medications, extra eye glasses (if required), sturdy shoes, important documents (in waterproof containers), special needs items (for those requiring them: infants, elderly, etc.), bedding, clothing and cash.
- Secure your home before you leave, if time permits.

SAFE HAVEN/SHELTER LOCATIONS

- Fort Bragg will list Installation Safe Haven(s) on all information/media sites. For off post shelters, look to your County web sites.
- Once the **All-Clear** is sounded, carefully assess damage to your surrounding area and report to 911, Insurance Company and/or direct leadership



Emergency Kit Checklist

Being prepared will assist you during a very stressful situation. Plan accordingly and don't be caught off guard!

References used: http://flash.org/peril_inside.php?id=84; <https://readync.org>;
<https://www.ready.gov>; <https://ready.army.mil>

Basic Items

- ☐ Water - 1 gallon per person per day for 3 to 7 days (water filter system may also be helpful)
- ☐ Food – non-perishable and canned food supply for 3 to 7 days
- ☐ Battery-powered or hand crank radio: National Oceanic and Atmospheric Administration (NOAA) Weather Radio with extra batteries (rechargeable flashlights may not have power to recharge, look to solar or hand crank)
- ☐ Cell phone with charger (solar charger or hand crank charger is preferred)
- ☐ First aid kit and first aid book
- ☐ Flashlight and extra batteries
- ☐ Manual can opener for food
- ☐ Anti-bacterial hand wipes or gel
- ☐ Wrench or pliers to turn off water
- ☐ Blanket or sleeping bag – min 1 per person
- ☐ Prescription medications and glasses
- ☐ Seasonal change of clothing, including sturdy shoes
- ☐ Sanitary items: toothbrush, toothpaste, soap, feminine supplies, toilet paper, paper towels
- ☐ Extra house and car keys
- ☐ Important documents – insurance policies, copy of driver's license, Social Security card, bank account records
- ☐ Fire extinguisher
- ☐ Cash and change
- ☐ Books, games or cards
- ☐ Emergency contact list (have your child memorize your cell number(s))

Emergency Contact Name: _____

Emergency Contact Number: _____

Emergency Contact Address: _____

First Aid: It is important to know basic first aid skills to assist anyone who may be injured during an emergency. Remember, during a hurricane emergency services may not be accessible for several hours.

- ☐ Two pairs of latex or other germ-free gloves (if you are allergic to latex)
- ☐ Germ-free bandages to stop bleeding
- ☐ Cleansing agent/soap and antibiotic towels
- ☐ Antibiotic cream
- ☐ Burn cream
- ☐ Adhesive bandages in a variety of sizes
- ☐ Eye wash solution to flush the eyes
- ☐ Thermometer
- ☐ Prescription medications you take every day such as insulin, heart medicine and asthma inhalers. You should periodically rotate medicines to account for expiration dates.
- ☐ Prescribed medical supplies such as glucose and blood pressure monitoring equipment and supplies
- ☐ Scissors
- ☐ Tweezers
- ☐ Tube of petroleum jelly or other lubricant

Non-prescription drugs:

- ☐ Aspirin or non-aspirin pain reliever
- ☐ Anti-diarrhea medication
- ☐ Antacid
- ☐ Syrup of Ipecac (use to induce vomiting if advised by the Poison Control Center)
- ☐ Laxative
- ☐ Potassium Iodide (for those who live near nuclear plants; use only as ordered by the State Health Director)

Unique Needs: there may be those with special needs that are required during the emergency. Ensure you plan to be sheltered in place or evacuated for 3 to 7 days.

For Baby/Infant:

- ☐ Formula
- ☐ Bottles
- ☐ Diapers
- ☐ Baby wipes
- ☐ Pacifier
- ☐ Soap/Baby powder
- ☐ Clothing
- ☐ Blankets
- ☐ Canned food and juices
- ☐ TOYS, BOOKS and GAMES (board games, electricity may not be available)

For Adults/Elderly:

- ☐ Contact lenses and supplies
- ☐ Extra eye glasses
- ☐ Dentures
- ☐ For people with Functional Needs:
- ☐ Container for hearing aid/cochlear implant processor (to keep dry)
- ☐ Extra batteries for hearing aid/cochlear implant

Pets:

- ☐ Canned or dry pet food
- ☐ Water for 3 to 7 days
- ☐ Food dishes
- ☐ Muzzle (proper fitting), Pet carrier, collar and leash:
- ☐ Immunization records
- ☐ Identification tag (should contain pet name and phone number)
- ☐ Current photos of your pets in case they become lost
- ☐ Medicine your pet requires
- ☐ Pet beds and toys