



Fort Bragg ACS EFMP Newsletter

July 2025

Events

Melodies of Serenity Music Therapy

July 10, 1:30 - 2:30pm
Hall of Heroes Auditorium

Join ACS and a member of the All-American Chorus for an afternoon of music therapy.

EFMP Family Circle

July 16, 10:00 - 11:00am
Soldier Support Center, 4th Floor

This support group is for all Families enrolled in EFMP, regardless of diagnosis. Join your peers and find support!

Summer Workshop: Connecting with Kids

July 25, 11:30 - 1:00pm
1139 Macomb St

Learn common reactions to stress in children and how to provide practical ways to cope. This event is in partnership with the American Red Cross.

Coffee & Conversations

July 22, 9:00 - 9:45am
Soldier Support Center, 4th Floor

Bring your own coffee or tea and enjoy warm conversations with other EFMP Spouses!

Office Closure

The EFMP Office will be closed in observance of Independence day on July 4.

4th of July



Contact Info



Fort Bragg Soldier Support Center,
4th Floor



Bragg.armymwr.com/programs/EFMP



Call to register for events!

(910) 643-9642



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