

MEMORANDUM FOR

AREA SPORTS COORDINATORS (ASC)

ATHLETIC AND RECREATION (A&R) PERSONNEL

SUBJECT: Fort Bragg Sports Program, 2025 Open Volleyball League.

1. Reference. Army Regulation 215-1, 24 September 2010, Military Morale, Welfare, and Recreation Programs and Non appropriated Fund Instrumentalities.

2. Purpose. To provide policies and procedures to assist ASCs and A&R personnel with the implementation of the 2026 Volleyball League.

3. General.

a. 2026 Open Volleyball League will be conducted March 31st – May 1st at Hercules PFC. To enter, teams must register at the Leisure Travel Office by 1400 on March 26th. Each team must pay \$80.00 to participate. Coaches/Rules Clinic will be March 26, 2026, at the Sports Office located at C-5032 Bastogne & Ardennes.

b. Player eligibility.

(1) All Active Duty, spouses, dependents ages 18 and older, retirees and DOD cardholders, are eligible to participate. This excludes GS family members. If a protest results from the alleged use of an illegal player and the protest is upheld, the offending team will be eliminated from the Program.

(2) Players will not be allowed to play for more than one team.

(3) For all matches, team members must have their military identification (ID) card. All participants ID cards will be checked against the roster prior to every game to confirm player eligibility. Players who fail to present their military ID card will not be allowed to participate.

c. Team rosters. All team members must be listed on the team roster. Rosters must include first and last names and team POC to include e-mail address and phone number. Rosters will be completed at the match site.

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SUBJECT: Fort Bragg Sports Program, 2026 Open Volleyball League

d. Team Composition.

(1) Teams can be comprised with up to 12 players. 6 players should start the match; however, teams are allowed to start a match with a minimum of 4 players. During a match, should a team be decimated (by injury or any reason) to less than 4 players, the team will forfeit the match.

(2) There will be unlimited substitution.

(3) Units can have a maximum of two (2) teams participating but only the top finishing team will receive Commander's Cup Points.

e. Protests.

(1) Misapplication of rules and player eligibility will be the only grounds for protests. Protests involving a rule misapplication must be lodged before play is continued. All protests will be resolved at the time of the protest by game referees.

4. Rules. Current USA Volleyball Rules and the following amendments will govern all play.

a. A team who is not present at the scheduled match time will forfeit the first set. If a team is still not present within 10 minutes of the scheduled match time, they will forfeit the match.

b. The home team will be determined by a coin toss prior to the start of each match.

c. Matches will consist of the best 2 out of 3 sets using rally point scoring. The first two sets will be played to 25 points and, in the event of 1-1 tie, the deciding set will be played to 15 points with the winning team having at least a 2-point advantage.

d. Before the start of each set, the coach is responsible for submitting the starting line-up to the scorer.

e. Consumption of alcoholic beverages or drugs by team members is prohibited before or during games. Failure to comply with this will result in expulsion from the program.

f. Any player who intentionally makes physical contact with an official will be suspended for the remainder of the tournament. Facts pertaining to such an occurrence will be forwarded to the Garrison Commander for review.

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SUBJECT: Fort Bragg Sports Program, 2026 Open Volleyball League

g. During any serving rotation, each server will only be allowed to drop the ball one time. Should any server drop the ball a second time, a point will be awarded to the opposing team.

h. Other Fort Bragg Rules Amendments:

1. A match in progress may finish with 4 players due to disqualifications or injuries.
2. A game will be forfeited if a team cannot replace an ejected/injured player to maintain the level of 3 players on the floor.
3. Ejections include player misconduct/unsportsmanlike conduct.
4. Coaches must announce to the official and opposing coach the name of the player arriving late due to mission or training activities. Mission or training are the only exceptions to adding a player to the roster after set match start time.
5. No players will be added after start or tip off time. Only the site-coordinator will approve late additions. The only exception is due to mission or training with unit Commander or First Sgt. written approval.
6. Warmups: If space and time is available on the court teams can warm up until game time. Game times will not be delayed for warm-ups. Should the game be delay due to extra play or matches go long, teams may request 5 minutes from the official before the first serve to warm-up. Please do not allow your warm-up to interfere with the game flow of any games in progress.
7. The game will stop for:
 - a. Time-outs - Each team will be allowed one one-minute per game.
 - b. Unused timeouts will not be carried over to new games within the match.
 - c. A game may also be paused for unusual delays/injuries, etc.
8. . Equipment:
 - a. Each player should wear appropriate gym clothing.
 - b. Game balls will be furnished by the Sports Office and will be the only balls used.
 - c. No head gear i.e., hats or bandannas are allowed.
 - d. No Jewelry allowed. If found players will be removed from play Exception: Medical alert bracelet or necklace.

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SUBJECT: Fort Bragg Sports Program, 2026 Open Volleyball League

9. Local rules to supersede the above listed rules:

- a. The ball hitting the side curtain or wall is out. If the ball hits the ceiling fan or ceiling and crosses over the net it is out and a dead ball. The referee will award a point as required in rally scoring. Basketball Nets are in again as long as the ball bounces into the proper playing zone and can be played in the proper number of hits over the net.
- b. The ball reaching an unsafe area out of bounds i.e., Bench/fans area in the Officials Judgment will be determined out of bounds.

5. Awards. Sports and Fitness Branch will provide team awards for the league tournament first and second place teams.

6. Point of contact: is the Sports Office 910-396-1217/910-396-1218.