Domestic Violence Protective Order (DVPO)

- Consider requesting a Military Protective Order filing for a Domestic Violence Protective Order (restraining order/ refrain from order/no illegal contact).
- Keep copies of your DVPO/MPO and other important documents in a safe, accessible place
- Give copies of your DVPO/MPO to your local police department.
- Give copies of your DVPO/MPO to your employer, children's school and childcare providers. Inform Family, friends, and neighbors that you have a DVPO.
- Notify the police, my attorney, or the court if my ex-partner is violating my DVPO. If something happens to your DVPO, you can get another copy at the courthouse where it was issued.







Family Advocacy Program (910) 396-5521

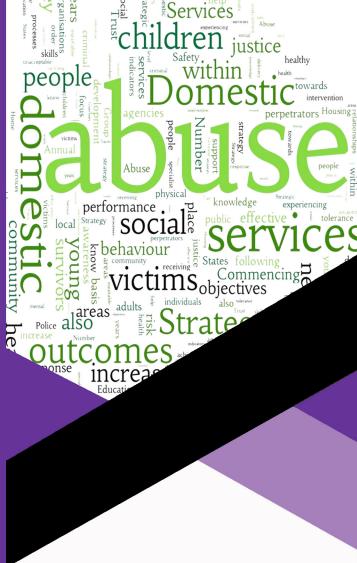
Fort Liberty 24/7 Family Abuse Hotline (910) 322-3418

ACS Mission:

The mission of ACS is to facilitate the Commanders ability to provide comprehensive, standardized, coordinated, and responsive services that support Soldiers, Department of the Army Civilians, and Families regardless of geographical location, and to maximize technology and resources, eliminate duplication in service delivery, and measure service effectiveness.

ACS Vision:

Keeping the forces and Families strong and ready.



Domestic Violence Safety Plan



Intimate partner violence (IPV) is a specific form of domestic violence that occurs between two adults. This abuse includes verbal, emotional, psychological or sexual harm (including stalking behavior) by a current or former partner. IPV behavior ranges from infrequent, verbal abuse to patterns of frequent, serious battering, sexual assault or life-threatening abuse (CDC, 2016).

If you feel that you, or a loved one, may be in a potentially violent relationship, it is important to have a safety plan that should include children, pets and property. A safety plan is a personalized, practical plan that includes ways to enhance safety while in a relationship, planning to leave, or after you leave. This safety planning guide will help you think about things you can do to stay safe.



Safety Planning Tips

- If in danger or feeling threatened, call 911 and/or remove yourself from the situation (if safe to do so).
- Keep a "go-bag" packed and accessible in case you need to leave unexpectedly.
- Keep this bag in a safe place that you can access easily such as your car, at work, or with a close friend.
- Some items to include in your "go-bag" include:
 - Extra clothing
 - Cash, gift cards, credit cards, etc.
 - Medication if applicable
 - Extra set of keys
- Always keep purse/wallet, phone, and keys near at all times.
- Use your alarm on your keys to draw attention to your home in case of emergency.
- Purchase a pre-paid cell phone.
- Maintain gas in the car.
- Identification and documentation such as ID's social security card, birth certificates, passport, marriage license, and military paperwork.
- If you have children, be sure to include their birth certificates, important school numbers, doctors or others who may need to be contacted.
- Practice where and how to leave the house in an emergency.
- Turn off yours and your childs location settings on cell phones and social media.
- Change password for home security systems.
- Teach your children a safe word in the event they need to call for help.



For more information or assistance with safety planning, please contact a Family Advocacy Program Domestic Violence Victim Advocate Coordinator at 910-369-5521 or the 24/7 FAMILY ABUSE Hotline at 910-322-3418, or call/visit the National Domestic Violence Hotline at 1-800-799-SAFE (7233), TheHotline.org.